

THE HIGHLAND 5K RUN



When: Saturday, 15 June 2013
Where: Start and end at Saltus Field
Time: **6:00pm All entrants report to Merchandising Tent by 5:30pm latest**
Entry Fee: Entry Fee: \$5. Pay at gate on the day
Distance: 5 km
Categories: Adult Male, Adult Female, Youth (Under 18) Male, Youth (Under 18) Female
Please note: Age as on Race Day

THIS COURSE HAS NOT BEEN CERTIFIED

RETURN YOUR COMPLETED ENTRY FORM TO:

Ian Hind: Fax 292-6885 or as an email attachment ihind@becl.bm

PLEASE PRINT:

NAME: _____

MALE FEMALE MALE (YOUTH) FEMALE (YOUTH)

DATE OF BIRTH: _____

TELEPHONE NUMBER: _____ CELL: _____

Waiver:

in consideration of my participation in the Bermuda Highland Run "I agree to take responsibility for my compliance with the rules and regulations and instructions provided for the race. I consent to discharge the Bermuda Highland Games and the organising committee, the Caledonian Society of Bermuda, eFit, Saltus, other Competitors and all Race helpers from any claim or damages for personal injury or property loss of damage incurred by me in participation in the race. I acknowledge that the race requires me to be in good physical condition and I will be required to run in open road and on rough terrain. I understand that in participation of the race it carries risk of personal injury, which may be caused by the terrain, weather conditions, my physical condition, vehicular or pedestrian traffic and other participants from the race. I consent to receiving medical treatment, which may be deemed advisable on the event of injury, accident or sudden illness during the race.

SPONSORED BY



Signed(Parent if under 18 years)